



ARE YOU A PARENT/CAREGIVER OF A YOUNG PERSON WHO HAS WAITED FOR SUPPORT FROM MENTAL HEALTH SERVICES?



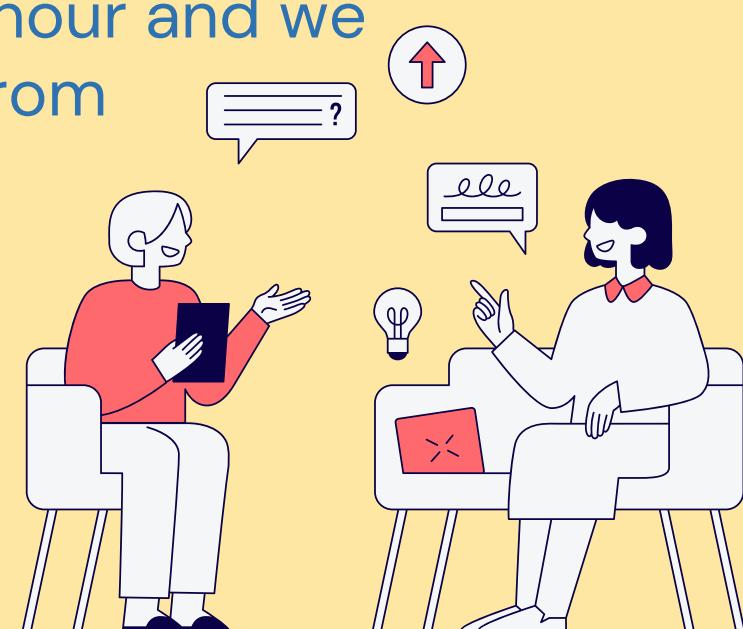
We would like to hear from you.

What is the study about?

This study aims to explore the experiences of waiting for mental health services, from the perspective of parents/caregivers of young people who self-harm.

What is involved?

You will be invited to a one-on-one, online or in-person discussion, depending on what you prefer. The discussion will last no more than 1 hour and we will talk about your experiences of waiting for mental health services from the parents' and caregivers' perspective. You will be asked to sign a consent form and you will receive a £10 shopping voucher to thank you for your time. You will also be reimbursed for any travel for in-person discussions. You and the young person will not be identifiable in the write-up or any publications resulting from the study.



You can take part if:

- You are a parent/caregiver (aged 18 years and over) in a formal parenting role.
- The young person was between 12-18 years of age at the time.
- The young person has been under or is currently under an NHS children and adolescent mental health service (CAMHS) and has waited more than three weeks to be seen for their first appointment (assessment appointment).
- The wait time was in the past three years.
- The main reason for the referral was self-harm.
- You are able to speak and understand English.

How can I take part?

If you are interested in taking part in this study or would like more information, please scan the QR code below or email: heather.boughey@liverpool.ac.uk Heather Boughey (Student Investigator).

Scan me

